

STROKE & HYPERTENSION CONGRESS 2018 STELLENBOSCH HOTEL

FRIDAY, 3 AUGUST		
7:00	Registration Opens	Venue: Exhibition Hall (Omega)
08:30 - 10:30	Opening: Novel Approaches to Improve Outcomes (Chairs: Prof. Alan Bryer, Prof. Angela Woodiwiss)	Venue: Magnifica
08:30 - 08:40	Welcome and Opening	Prof. Alan Bryer and Prof. Angela Woodiwiss
08:40 - 09:10	Pathophysiology of arterial function	Prof. Gavin Norton
09:10 - 09:50	Do measurements of arterial structure and function add value to risk assessment	Prof. Ray Townsend
09:50 - 10:20	Novel approaches to risk assessment	Prof. Angela Woodiwiss
10:20 - 11:00	Tea/Coffee	Venue: Exhibition Hall (Omega)
11:00 - 12:30	Strategies to Identify and Reduce Risk (Chairs:)	Venue: Magnifica
11:00 - 11:30	Ambulatory BP versus home BP monitoring: Pros and Cons	Prof. Jan Staessen
11:30 - 12:00	Novel antidiabetic agents and their role in BP management to prevent renal and cardiovascular diseases	Prof. Ray Townsend
12:00 - 12:30	Update on antithrombotic treatment in stroke prevention	Prof. George Ntaios
12:30 - 13:30	Lunch and Poster Viewing	Venue: Exhibition Hall (Omega)
13:30 - 15:00	The Management of Stroke & Hypertension I (Chairs:)	Venue: Magnifica
13:30 - 14:10	Therapies to improve outcome in intracerebral haemorrhage	Prof. Atte Meretoja
14:10 - 14:40	Causes and management of HIV-associated stroke	Dr Kathleen Bateman
14:30 - 15:00	EU management of stroke in a public hospital: optimisation in a resource-limited setting	Prof Feroza Motara
15:00 - 15:20	Tea/Coffee	Venue: Exhibition Hall (Omega)
15:20 - 16:50	Oral presentations (Chairs:)	Venue: Magnifica
15:20 - 15:30	Abnormalities on carotid Doppler in large vessel territory anterior circulation strokes	Dr Lenon Gwaunza
15:30 - 15:40	The effect of combination anti-hypertensive treatment on pulse wave velocity in Black Africans with mild to moderate hypertension: a preliminary report	Dr Erika Jones
15:40 - 15:50	Cardiovascular structure and function adversely relate to vascular calcification markers in young adults: The African-PREDICT study	Prof Ruan Kruger
15:50 - 16:00	Endothelial biomarkers in young HIV-infected individuals with acute ischaemic stroke: a case-control study in Cape Town, South Africa	Dr Kate McMullen
16:00 - 16:10	Central systolic pressure and arterial stiffness are associated with a non-essential amino acid signature in young black adults: The African PREDICT study	Dr Catharina Mels
16:10 - 16:20	Insulin resistance influences the impact of hypertension on left ventricular diastolic dysfunction in a community sample	Dr Vernice Peterson
16:20 - 16:30	The effect of lercandipine or lercandipine/enalapril combination on BP in treatment naive patients with stage 1 and 2 systolic hypertension	Prof Brian Rayner
16:30 - 16:40	The association of depressive symptoms in patients with acute myocardial infarction in a regional hospital in Durban, South Africa	Prof Naresh Ranjith
16:40 - 16:50	Predictors of hypertension awareness, treatment and control in South Africa: Results from the WHO-SAGE population survey (Wave 2)	Dr Lisa Ware
17:00 - 18:00	Cocktail Function	Venue: Exhibition Hall (Omega)
	SAHS Board Meeting (by invitation)	Venue: Magnifica
19:00	Speakers Dinner (by invitation)	Venue: Protea Hotel Clubhouse
SATURDAY, 4 AUGUST		
07:00 - 08:00	Boehringer Ingelheim Breakfast Symposium	Venue: Magnifica
08:30 - 10:30	Plenary session (Chairs:)	Venue: Magnifica
08:30 - 09:10	BP targets-results of SPRINT	Prof. Jan Staessen
09:10 - 9:40	The New ACC/AHA hypertension guidelines: are they relevant to South Africa?	Prof. Brian Rayner
9:40 - 10:20	Stroke etiology and pathophysiology	Prof. George Ntaios
10:20 - 11:00	Tea/Coffee	Venue: Exhibition Hall (Omega)
11:00 - 12:30	Plenary session (Chairs:)	Venue: Magnifica
11:00 - 11:30	Future of stroke therapy	Prof. Atte Meretoja
11:30 - 12:00	Embolic stroke of undetermined source	Prof. George Ntaios
12:00 - 12:30	Approach to Young Stroke	Dr Naeem Brey
11:00 - 12:30	Hypertension Management Masterclass for GP's, Nurses, Pharmacists & Dieticians (Chairs:.....)	Venue: Cultivar Extension
11:00 - 11:20	BP measurement: accredited devices and correct procedure	tbc (Prof Joe Veriava)
11:20 - 11:40	Understanding and interpreting results of basic tests	Prof Nash Ranjith
11:40 - 12:00	Basic approach to pharmacotherapy	Dr Erika Jones
12:00 - 12:20	Advice on when to refer a patient	Prof Rajen Moodley
12:20 - 12:40	Discussion / Question and Answers	All Faculty
12:30 - 13:30	Lunch	Venue: Exhibition Hall (Omega)
13:30 - 15:00	Recent advances in understanding hypertension development in Africa (Chairs:.....)	Venue: Magnifica
13:30 - 14:00	Early vascular aging in black South Africans	Prof Alta Schutte
14:00 - 14:30	Physiological treatment of resistant hypertension in Africa	Prof. Brian Rayner
14:30 - 15:00	Update on South African Stroke Guidelines	Prof. Alan Bryer
15:00 - 15:30	Tea/Coffee	Venue: Exhibition Hall (Omega)
13:30 - 15:00	Stroke Management Masterclass for GP's, Nurses, Pharmacists & Dieticians (Chairs:)	Venue: Cultivar Extension
13:30 - 13:50	Strategies to overcome communication problems in stroke	Ms Lee Meyer
13:50 - 14:10	Nursing peri-thrombolysis and endovascular therapy	Prof Ronel Pretorius
14:10 - 14:30	Swallow assessment in stroke	Ms Lee Meyer
14:30 - 14:50	Optimising nutrition in stroke	Ms Lynette Cilliers
14:50 - 15:10	Pressure care, DVT prevention & temperature management	Prof Ronel Pretorius

15:30 - 16:50	Poster Presentations / Cardiovascular Sciences (Adjudicators:)	
15:30 - 16:50	Parallel Poster Session 1	Venue: Cultivar Extension
15:30-15:36	Hypertension and associated factors among commercial taxi drivers in Buffalo City Metropolitan Municipality, South Africa	Aanuoluwa Adedokun
15:36-15:42	Dietary sodium intake and its relationship to adiposity in young black and white adults: The African-PREDICT study	Simone Crouch
15:42-15:48	Association between alcohol consumption and biological risk factors for cardiovascular disease amongst Ellisras rural young adults aged 18 to 30 years: Ellisras Longitudinal Study	Winnie Dibakwane
15:48-15:54	Perceptions, purchasing and eating habits: Fast foods - greatest challenge for university students	Morgan Gundani
15:54-16:00	The prevalence and profile of stroke survivors who receive rehabilitation in the Gauteng province public health sector: South Africa	Sameera Haffejee
16:00-16:06	Hypertension in pregnancy: a future risk for chronic kidney disease (CKD) in South Africa	Dr Erika Jones
16:06-16:12	Hospitalized patients of cerebrovascular disease with epilepsy. A review of emergency admissions: focus on the preventable challenge	Nazir Khan
16:12-16:18	Comparison of body fat composition for predicting the incidents of hypertension and diabetes mellitus type2 among Ellisras children aged between 10-14years	Roseanne Makwela
16:18-16:24	The relationship between blood pressure, blood glucose and anthropometric parameters among Ellisras rural children age 6-11 years	Sharlot Malatswana
16:24-16:30	A theoretical recontextualisation of acute stroke care praxis through a critical sociological lens	Ryan Matthews
16:30-16:36	Ethnic differences of morning blood pressure surge in young adults: The African-PREDICT Study	Gontse Mokwatsi
16:36-16:42	Relationship between waist circumference, waist-to-hip ratio, skinfolds and blood pressure among adults in Ellisras, South Africa: Ellisras Longitudinal Study	Kotsedi Monyeki
15:30 - 16:50	Parallel Poster Session 2	Venue: Magnifica
15:30-15:36	Aortic pulse pressure does not adequately index cardiovascular risk factor-related changes in aortic stiffness and forward wave pressure	Mr Tshegofatso Motau
15:36-15:42	The association of fat patterning with blood pressure in Polokwane private school children aged 6 to 15 years	Tumisho Mphahlele
15:42-15:48	Coping and cardiac Troponin T – a risk for hypertension and sub-clinical ECG left ventricular hypertrophy: The SABPA study	Catharina Myburgh
15:48-15:54	Body shape index, body roundness, conicity index and cardiovascular risk factors are they associated with malnutrition? Ellisras Longitudinal Study	Rosina Nkwana
15:54-16:00	Optimal cut-off values of obesity indices for predicting the incidence of hypertension	Eyitayo Owolabi
16:00-16:06	Stage of hypertensive retinopathy among patients who undergone cataract surgery in Zamboanga City Medical Center	Jerne Paber
16:06-16:12	Limited impact of β -adrenergic receptor activation on left ventricular diastolic function in rat models of hypertensive heart disease	Dr Vernice Peterson
16:12-16:18	Anthropometric indices for screening cardiovascular risk factors amongst Ellisras rural young adults aged 18 to 29 years: Ellisras Longitudinal Study	Betty Sebati
16:18-16:24	Vascular structure and inflammation in a South African population: The SABPA study	Carla Swart
16:24-16:30	Differences in microbiome of rat models of cardiovascular diseases	Anza Thiba
16:30-16:36	Risk factors of cerebral infarction following travel across different climate zones	Jiatang Zhang
17:00 - 18:00	SAHS Annual General Meeting (all SAHS members invited)	Venue: Magnifica
19:00	Congress Dinner & Awards Ceremony	Venue: Vista (Protea Hotel Stellenbosch)
SUNDAY, 5 AUGUST		
08:30 - 10:30	Novel Therapeutic Approaches (Chairs:)	Venue: Magnifica
08:30 - 09:00	The salt controversy: How low should we go?	Prof. Jan Staessen
09:00 - 09:30	Is there a role for renal denervation?	Prof. Ray Townsend
09:30 - 10:00	Organising a rapid reperfusion service for acute ischaemic stroke	Prof. Atte Meretoja
10:00 - 10:30	Prehospital management of stroke	Willem Stassen
10:30 - 11:00	Tea/Coffee	Venue: Exhibition Hall (Omega)
11:00 - 12:30	Next Generation Scientific Session: Top 6 Abstracts (Chairs:)	Venue: Magnifica
11:00 - 11:15	Arteriosclerosis-related aortic functional changes characterize arterial events across the early adult lifespan	Mr Tshegofatso Motau
11:15 - 11:30	Cardiovascular reactivity and oxidative stress in young and older cohorts	Ms Caitlynd Myburgh
11:30 - 11:45	Carotid intima-media thickness, but not chronic kidney disease independently associates with non-cardiac arterial vascular events in South Africa	Mr Ravi Naran
11:45 - 12:00	Distinct independent relationships between insulin resistance or resistin concentrations and glomerular filtration rate in a community sample	Ms Glenda Norman
12:00 - 12:15	Large artery stiffness is associated with salt intake in young healthy black but not white adults: The African-PREDICT study	Mr Michel Strauss
12:15 - 12:30	The second systolic peak of the peripheral pulse more closely indexes the adverse effects of reflected waves than central aortic augmentation pressures	Ms Grace Tade
12:30 - 12:45	Closing Ceremony and Next Generation Scientific Session Awards (Chairs: Prof. Angela Woodiwiss, Prof. Alan Bryer)	Venue: Magnifica